

March 2007 Volume 32, Number 3

Departments

- 7 Editor's Memo**
- 11 Advocacy in Practice**
- 12 Business Building**
- 14 Clinical Case Report**
- 22 NCNP Preconference Report**
- 24 Literature Review**
- 58 Positions and Opportunities**
- 70 Medication Update**

Next Month

- CE Offering: Putting Insomnia to Rest**
- CE Offering: Challenges in Constipation Management**

Bonus Content

EATING DISORDERS

44 Eating Disorders in Preadolescent Children

Jan D. Hamilton, PMhNP, BSN, MS

Eating disorders are occurring more frequently in preteen girls and boys than ever before. These disorders have multiple origins, and stem from personality traits, self-esteem, family, culture, and genetics. Due to their increasing prevalence, nurse practitioners need to improve their understanding, assessment, and treatment of these vulnerable patients.



Manuscripts

The *Nurse Practitioner* is a refereed journal and articles are accepted on a nonremunerative basis. Submitted manuscripts must contain original material and are reviewed with the explicit understanding that their essential substance or contents have not been or will not be submitted for publication elsewhere. Lippincott Williams & Wilkins' no responsibility for the statements and opinions advanced by contributors. The *Nurse Practitioner: The American Journal of Primary Healthcare* is registered in the U.S. Patent Office, 1975. The names and contents are copyrighted. © 2007 Lippincott Williams & Wilkins. No responsibility is assumed by the publisher for any injury and/or damage to persons or property, as a matter of products liability, negligence or otherwise, or from any use or operation of any methods, products, instructions or ideas contained in the material herein. No suggested test or procedure should be carried out unless, in the reader's judgment, its risk is justified. Because of rapid advances in the medical sciences, we recommend that the independent verification of diagnoses and drug dosages should be made. Discussions, views, and recommendations as to medical procedures, choice of drugs, and drug dosages are the responsibility of the authors.

Reprint Information

Quotations of up to 500 words from any issue are permitted, for noncommercial purposes, with credit to *The Nurse Practitioner*, except for articles bearing a copyright notice of others. Authorization to photocopy (reproduction of articles via photocopy equipment) up to 100 copies of items from *The Nurse Practitioner* for educational, non-commercial purposes is granted at no cost by Lippincott Williams & Wilkins, except for articles bearing a copyright notice of others. Requests for other purposes or for over 100 copies are authorized provided that the appropriate fees are paid to the Copyright Clearance Center (CCC), 222 Rosewood Dr., Danvers, MA 01923, telephone 978-750-8400 (ref. *The Nurse Practitioner*, ISSN 0361-1817, specifying volume, number, date and title of article).

The Nurse Practitioner is Indexed...

In the *Cumulative Index to Nursing & Allied Health Literature* (CINAHL), *Index Medicus*, *Nursing Abstracts*, *RNdex Top 100*, *Hospital Literature Index*, *International Nursing Index*, *International Pharmaceutical Abstracts*, and the *Socio/Economic Bibliographic Information Base*.

Microfilm

The journal is available on microfilm from University Microfilms, 300 North Zeeb Road, Ann Arbor, MI 48105, phone 313-761-4700.

Notice

The Nurse Practitioner is the official journal of The New York State Coalition of Nurse Practitioners. However, the publisher of *The Nurse Practitioner* is solely and completely responsible for the editorial and advertising content of the journal. The New York State Coalition of Nurse Practitioners does not edit or review the journal prior to publication and accepts no responsibility for errors, omissions, or the contents of the journal.

Periodically, newsletters and information from various NP organizations will be bound into *The Nurse Practitioner*. We hope readers will find these pieces of interest. The views expressed in the pieces are those of the organization. *The Nurse Practitioner* does not necessarily support the opinions expressed or warrant the accuracy of the information presented.

 and *The Nurse Practitioner* are registered with the U.S. Patent and Trademark Office.

The Nurse Practitioner: The American Journal of Primary Healthcare (ISSN 0361-1817) is published 12 times per year (monthly) by Lippincott Williams & Wilkins. Periodicals postage paid at Hagerstown, MD, and additional mailing offices. Subscription information: Individual Rates: \$57.95 a year in the U.S. and \$141 a year elsewhere. Institutional Rates: \$209 a year in the U.S. and \$249 a year elsewhere. Student Rate: \$29 a year (U.S. only). All subscription rates are payable in U.S. funds. Send subscription orders and address change information to: *The Nurse Practitioner*, P.O. Box 1550, Hagerstown, MD, 21740. Single copies and back issues \$7. Claims for missing issues can be ordered only up to 3 months for domestic addresses, 6 months for foreign addresses. Duplicate copies will not be sent to replace ones undelivered through failure to notify Lippincott Williams & Wilkins of change of address.

© 2007 by Lippincott Williams & Wilkins.

POSTMASTER: Send change of address to: *The Nurse Practitioner*, P.O. Box 1550, Hagerstown, MD, 21740. Publications Mail Agreement No. 40048236. Return Undeliverable Canadian Addresses to: Circulation Dept., c/o DPGM, 4960-2 Walker Road, Windsor, ON N8A 6S3.